

## **Measures to Prevent Passive Smoking Toward a Complete Ban of Smoking on the NAIST campus**

(Decided by the Safety and Health Committee on February 5, 2025, and approved by the Board of Directors on February 18, 2025)

### **NAIST Policy on the Prevention of Passive Smoking**

To prevent passive smoking and protect the health of all members of NAIST, including smokers, we will promote measures to prevent passive smoking, including a complete campus-wide smoking ban.

### **Measures to prevent passive smoking**

- Smoking will be banned on all NAIST premises from April 2026.
- In consideration of complaints about cigarettes and the results of the survey on smoking, implementation of measures in stages toward a complete smoking ban, with a transition period during FY2025 to ensure a period during which smokers can work to quit smoking.  
<From April 2025>
  - Eliminate smoking areas on the west side of the administration bureau, north side of the University library, and near the administration bureau annex.
  - Smoking while at work prohibited. (except for discretionary duty employees)
  - Establishing the rule (common to faculty, staff, and students) that no one is allowed to return to a building (\*to the premises" after the campus-wide smoking ban) for 10 minutes after smoking.<From October 2025>
  - Smoking areas near the IS/BS/MS complexes will be changed to "smoking areas exclusively for heated and electronic cigarettes" and the use of paper cigarettes will be prohibited (ashtrays will be removed).
    - \* If the use of paper cigarettes continues to be seen in many of the above dedicated smoking areas, or other rule violations persist, we will make it known that the timing of the campus-wide smoking ban may be moved up.
- As measures against the increase in off-premises street smoking and cigarette butt littering, the following will be announced.
  - Do not smoke without permission on property owned by parties other than the NAIST, including related facilities owned by the FOUNDATION for NAIST (e.g., Takayama

Science Plaza, Takayama Science Parking Lot, grounds/tennis courts, and surrounding pathways).

- \* Although some of the facilities owned by the FOUNDATION for NAIST are already non-smoking, the foundation has indicated its intention to make the entire foundation premises non-smoking.
- In public places, smoking while walking (smoking while moving, including bicycles, etc.) is prohibited by Ikoma City ordinances, and smoking on the street (smoking while standing still) must also meet all the requirements set forth in the ordinance.
  - Requirements set forth in the ordinance
    1. Stop at a place that does not obstruct the passage of others.
    2. Avoid exposing others to smoke.
    3. Use cigarette butt receptacles.
- Smoking should be discouraged on the sidewalks by the main gate of the NAIST, as the sidewalks are narrow and bus stops are located there, making it easy to violate the ordinance.

In addition, NAIST will improve smokers' manners by strengthening measures such as posting signs, patrolling the area, and calling out violators.

- The following efforts will be made to reduce the smoking rate.
  - Increased promotion of the availability of smoking cessation counselling (distribution of nicotine patches, etc.) at the Health Care Center and continued provision of smoking cessation education at new student orientations, etc.
  - State in recruitment materials for faculty/staff and student applications that “Smoking will (has) become prohibited on all the NAIST premises from April 2026, and we recommend that you quit smoking before coming to NAIST”.
- NAIST will discuss with Daily Yamazaki about stopping cigarette sales on campus by the earliest possible date before the campus-wide smoking ban.

# ○Road Map for a Complete Ban of Smoking on the NAIST campus

